

Teviot Centre Timetable



Teviot Neighbourhood Centre Timetable

| Activity | Time |
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| Munchkins Playgroup: Pre-school for 2-5 years. Contact Munchkins staff on 0207 536 6377 for details. TERM TIME ONLY. | Monday to Friday 8.45am - 11.45am 12.30pm - 3.30pm |
| Pathway to working with children Entry 3: Run by Tower Hamlets College TERM TIME ONLY. | Monday & Thursday 9am - 3pm |
| Housing Surgery: Drop in session for Poplar HARCA tenants who live on the Teviot estate to see their housing officer. | Monday 9am - 5pm |
| Ballet: Run by LiC. For children aged 4-12 years. Further details contact Momtaz on 0207 987 8796. | Monday 4pm-6pm |
| Arabic Class: Organised and run by the Teviot British Bangladeshi Association. | Monday to Wednesday 5pm -7pm Thursday & Friday 4.30pm - 6.30pm |
| Bootcamp: Run by Silver Line Project | Monday & Wednesday 5.30pm - 6.30pm |
| Teviot Women's Bangladeshi Group: Please visit the session for more details. | Tuesday & Thursday 9am - 12pm |
| BBBC Advice and Guidance: Advice and guidance on courses and training. | Tuesday 9am - 1pm |
| Claim the Max – Benefits Advice: Citizen's Advice Bureau. BY APPOINTMENT ONLY. Contact 0207 247 1050 | Tuesday 2pm - 5pm |
| Violin class: Run by LiC. For children age 4-12 years. Further details contact Momtaz on 0207 987 8796. | Tuesday 4pm - 6pm |
| Unity Homework / After School Club: Organised by the Teviot Action Group. Please contact 020 7531 6171 for more details. | Tuesday & Wenesday 3pm - 5pm |
| Bingo: Prizes to be won. Organised by the Teviot Action Group. | Tuesday 6.30pm - 8.30pm |

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| T4H therapy session: By appointment only. Contact Jayne Clavering 020 3069 7401 / 07534 763 480. Dyane 07947798685. | Appointments Only |
| Welfare & Benefits Advice: Open to all residents. Please contact reception to book an appointment. APPOINTMENT ONLY. | Thursday 10.15am - 2.45pm |
| Physical Play: Run by Chrisp Street Children's Centre. Free session. TERM TIME ONLY. | Thursday 1.30pm - 3pm |
| Guitar Class: Run by LIC. For children age 4- 12 years. Further details contact Momtaz on 0207 987 8796. | Thursday 5pm - 7pm |
| Bengali Mother Tongue: Organised and run by Teviot British Bangladeshi Association. Contact 07904 427 9966 for more details. | Thursday & Friday 4.30pm - 6.30pm |
| Ki Bon Do: Organised and run by Independent Ki Bon Do Association contact Danny Disley on 07863 214 785 for more details | Friday 6.30pm - 9pm |
| Idea Academy: Tuition for 12 - 19 year olds Contact Mustafizur Rahman on 0207 205 2811 for more info | Saturday 9.30am - 5pm |
| UK Online: Basic computer course for beginners | Speak to reception staff |

Private Hire Space Available: If you require space for an event activity or party please call 0207 987 5764. A minimum of two week's notice is required.

Useful Numbers

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|---------------------------------------|-------------------------------|
| Poplar HARCA Head Office / Repairs | 0800 035 1991 / 0207 510 0500 |
| Munchkins Playgroup | 0207 536 6377 |
| Manorfield Primary School | 0207 987 1623 |
| Teviot Action Group (TAG) | 0207 531 6171 |
| Poplar HARCA Employment and Training | 0207 510 9770 |
| Ki-Bon - Do (Danny Disley) | 07863 214 785 |
| Teviot Bangladeshi Association (TBBA) | 07904 427 996 |
| Domestic Violence Helpline | 0800 279 5434 |
| Tower Hamlets College | 0207 510 7777 |

Classes

If you are interested in any of our classes please see a member of staff at the centre. If the classes are full we can put you onto a waiting list and contact you as soon as a space becomes available.

Term Time Activities

Some activities are term time only. Please contact individual groups for more information.

Private Hire

Halls, office space and meeting rooms are available for hire. Please call the centre for more information on charges and availability.

**TEVIOT NEIGHBOURHOOD CENTRE,
WYVIS STREET, POPLAR E14 6QD**

0207 987 5764

Lead contact: Jeanie Harrison