

ABERFELDY NEWS

POPULAR **HARCA**

ECOWORLD
LONDON

ISSUE 8

BREAKING NEWS!

The Co-op will open a new shop on Aberfeldy, this Spring!





Residents get exclusive first look

Members of the Resident Steering Group were given an exclusive preview of the eagerly awaited new community centre, cafe and health and wellbeing centre in Aberfeldy Square, before their doors open this spring.

A total of seven new services will open in Aberfeldy Square in 2023. As well as a new, bigger community centre, wellness café and health and wellbeing centre, the Co-op, a pharmacy, nursery, and deli restaurant, will also open by summer.



Alaina Morshead, who as part of the Aberfeldy Resident Steering Group has played a key role in developing future regeneration plans, said:

“The tour of the new centres reminds us how much better Aberfeldy has already become because of regeneration. I can’t wait for the regeneration to continue. It’s a wonderful opportunity to make sure our community continues to thrive and for Aberfeldy to become the place to be in east London.”

A planning decision from Tower Hamlets Council on the Aberfeldy New Masterplan is expected in February. The new masterplan includes 440 new affordable homes as well as green spaces and children's play spaces, and improvements to Millenium Green, Leven Road and Braithwaite Park.



7 new public services will open
by Spring/Summer 2023



Aberfeldy residents celebrated the opening of the Aberfeldy Square

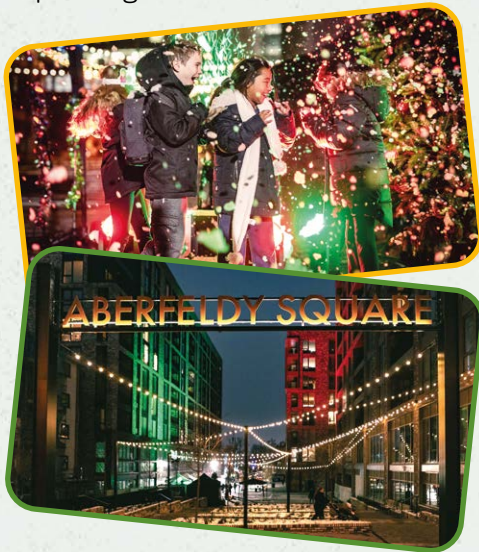
About 200 local people came along and enjoyed free family-friendly craft activities with London College of Fashion's Making for Change team, hot drinks, seasonal treats and a roaming Santa.

The festivities continued with market stalls featuring wares from furniture upcycle business More Life Home and the Aberfeldy Big Local Knit and Knatter group, Talkeoke by The People Speak and a performance by Poplar Singers.

The evening came to a sparkly crescendo with a festive light switch on led by local resident and Aberfeldy Community Centre volunteer Sada Dirir, Deputy Mayor Maium Talukdar, Councillor Amin Rahman, Councillor Ohid Ahmed, Councillor Iqbal Hossain and Councillor Jahed Choudhury.

"[The event] was a fitting tribute to our diverse and dynamic community."

Maium Talukdar
Deputy Mayor



Donate your pre-loved items

Do you have furniture, clothes, shoes or homeware that you no longer need? Are they in a condition where they can be reused?

Rather than throwing them out, donate them to More Life Home.

More Life Home offers a free furniture collection and recycling service in Tower Hamlets. They can even come to your home to collect bulky items.

Just scan the QR code, complete a short donation form and they will be in touch to arrange a collection.

Or for smaller items, you can drop them off at their shop at 41 Aberfeldy Street.

Items donated get redistributed to communities in need of low cost or free furniture. By saving furniture from landfill they help communities make their house a home.



www.morelifehome.co.uk

@morelifehome

0203 488 5454

Donate Scan here





Poplar Works

Poplar Works is a workspace, training centre, and manufacturing space on Abbott Road.

Birthday Tour

There's lots going on at Poplar Works at the moment: It's their birthday on 27th February – save the date! There'll be opportunities for you to meet the businesses who call Poplar Works home, get a tour of the building and more!

📷 @poplarworks

🔗 poplarworks.co.uk

The Trampery are hiring!

The Trampery, who manage Poplar Works are looking for an Assistant House Manager. If you're highly organised, enjoy building relationships and have an interest in fashion, this could be the role for you.

For more information and to apply
🔗 thetrampery.com/news/join-the-team-assistant-house-manager-community-administrator-at-poplar-works/

The Works Café

Run by local entrepreneur Josh and his fabulous team, The Works Café is open Monday - Friday 8am-5pm, serving fresh home-cooked food including breakfasts, wraps and waffles as well as delicious smoothies and coffee. You will also find them on Uber Eats and Deliveroo.

📷 @theworkscafedn

Creative collective

Join LCF at Spotlight Creative Youth Service in Langdon Park for the Creative Collective. Fashion focussed drop-in sessions led by practitioners from London College of Fashion. 4 - 6pm, every Tuesday during term time.

To find out more visit Creative Collective | Spotlight

🔗 wearespotlight.com





E14 Bikes

E14 Bikes on Aberfeldy Street will cover all your cycling needs. Services include repairs, hiring, buying and selling new and used bicycles.

They cater for all ages and sizes and are one of the very few places that can repair electric cycles and scooters.



Opening times 10am to 5pm Monday to Friday.

For more information contact Leon:

☎ **07852 235 608**



Who Wants to Box?

Aberfeldy Boxing Club are looking for 11 to 16 year olds for the upcoming boxing season!

They are an affiliated England boxing club who want to add to their already successful squad.



If this interests you, get yourself down to Aberfeldy Street and contact Kirk:

✉ **kirkaberfeldyboxing1@mail.com**

☎ **07957 633 878**

ABERFELDY COMMUNITY CENTRE SCHEDULE

ABERFELDY CENTRE

January to March 2023

Useful numbers

Poplar HARCA Head office/repairs
020 7510 0500 / 0800 035 1991

Poplar HARCA Employment and Training
020 7510 9970

Domestic Violence helpline
0800 279 5434

Culloden Primary School
020 7364 1010

MON

Aberfeldy Village Cafe
8am-12pm

ESOL - Entry Level 1 introduction to speaking and listening
9.15am-3.15pm

Registration through New City College required.
Contact: 0207 510 7736

Women's Exercise
9.30am-10.30am

Aerobics, registration required 18+



TUES

Aberfeldy Village Cafe
8am-12pm

ESOL - Entry Level 1 Preparation to Reading
9.15am-3.15pm

Registration through New City College required.
Contact: 0207 510 7736

Shuily Cooking group
9.30am-11.30am

Simple cooking

Bingo coffee mornings
11.30am-1.30pm
Over 50s

WED

Aberfeldy Village Cafe
8am-12pm

Women's Circle Group
9.30am-11am
A cultural discussion & support group

Digital skills
9.30am-12.30pm
For more information contact Aberfeldy centre 0207 515 6794

Yoga, women only
11.30pm-12.30pm

Family fun club football
3.30pm-5pm
6-11 years

Judo for children
7.15pm-8.15pm
Under 14's, £3 per session

Judo for adults
8.15pm-9.15pm
14-17 years £3 per session,
18+ £4 per session

THUR

Aberfeldy Village Cafe
8am-12pm

Stay and play for under 5s
10.30am-12.30pm

Under 5's learning social and development skills through play

Conversational Class
9.30pm-11.30am
Join us to practice your English-speaking skills and make new friends

Somali Mother Tongue 12pm-2pm

6-11 years. Registration required, for more information contact the Aberfeldy Centre 0207 515 6794

FRI

Aberfeldy Village Cafe
8am-12pm

Digital Skills
10am-1pm

Learn how to use the internet and develop basic computer skills

Health Visitors child growth research
9.30am-4:30pm

By appointment only

Employment and Training 1-2-1 session
10am-12pm

By appointment only

Womens Arabic discussion group
10am-12:30pm

Family Fun Club Homework session
3:30pm-5pm

Ages 5-11 years

SAT



Crochet, Knit and Natter group

The Crochet, Knit and Natter group meet at 39 Aberfeldy Street every Wednesday 10am-12pm. Come along and learn some creative skills!

Sheila's Brew

The tea room is open to Aberfeldy residents Monday -Wednesday 9am-12.30pm. Come along for a cup of tea, a slice of cake and a chat with your neighbours.



Community Chest Grants

Aberfeldy Community Chest Grants are now open! Residents can apply for up to £1,000 to run a project that benefits Aberfeldy residents.

Projects should aim to:

- ✓ Make Aberfeldy a better place to live
- ✓ Contribute toward capacity building, e.g. grow new ideas, build community relationships/networks, develop knowledge or skills, etc.
- ✓ Address inequality

In the last round of community chest, projects funded included healthy eating workshops, a children's art club, men's and women's walking groups, women's sewing classes, football sessions, a parent-led fun club and toddler sessions at Tiny Tots.

Application Support Drop-In

If you need support from the ABL staff team to talk through your idea or with completing your application we will have two drop-in slots available on Tuesday 7th February 1-3pm & 4-6pm.

If these times don't work for you but you would still like support, email the team at hello@aberfeldybiglocal.com to book in another time or drop in to 39 Aberfeldy street to speak to one of the team.

**Deadline for applications:
Monday 20th February at 9am.**



To be eligible, an individual must be a resident or work/volunteer in Aberfeldy.

✉ hello@aberfeldybiglocal.com for guidance and the application form.

Save money, Stay warm

If you're a Poplar HARCA resident and worried about money this winter, we're here to help.

Contact us if...



You're having money trouble and are worried about paying rent.



You are looking for work or training opportunities.



The safety and wellbeing of you or someone you know is at risk.



Something in your home needs to be repaired.

The sooner you get in touch, the sooner we can help you.

 **0800 035 1991**

Connect with our Cost of Living Switchboard

Our Cost of Living Switchboard hosts a range of handy tips to guide you through the coming months. Whether you're looking for advice on how to keep your home safe and warm, or where to find help and support, our Switchboard will point you in the right direction.

Scan the QR code to connect or visit poplarharca.co.uk and search 'cost of living'.

SCAN HERE



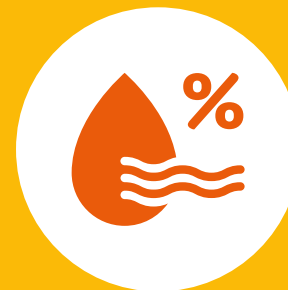
Mould and condensation

The colder weather means condensation is more likely to form inside our homes. A build-up of condensation can cause mould.

For practical tips on how you can prevent mould and condensation, visit poplarharca.co.uk and search 'safe and warm'.



If there's mould in your home, please report it on your resident portal, MyHARCA, poplarharca.myharca.co.uk, or email reportmould@poplarharca.co.uk.





Creating Smart Homes

Poplar HARCA is working with technology company Aico to offer to fit free smart home devices in your homes.

These small appliances can help you live a healthier life in a more energy

efficient home, and may gradually help save money on bills.

Interested? You can find more about smart homes online. Email us to find out how to get a device fitted in your home.



🔗 www.poplarharca.co.uk/your-home/creating-smart-homes/

✉ iot@poplarharca.co.uk

Decant Process

Poplar HARCA's housing team require all tenants to register on the housing list, by completing a housing application it will help us assess your housing need.

Some of you will have already received a housing application in the post. Please return this, and the right to return form if you want to return to a new build home on the estate.

Contact one of the decant advisors if you need help completing the forms or have any questions.

Please contact Jasmine on:

☎ **07930 377303**

✉ **jasmine.miah@poplarharca.co.uk**

Or Mujahid on:

☎ **07734 346125**

✉ **Mujahid.Abdul-Majeed@poplarharca.co.uk**



Aberfeldy residents can join the RSG at any time

Contact Fintan, from Poplar HARCA, on:

☎ **07852 998 909**

✉ **fintan.tynan@poplarharca.co.uk**

You can also contact Independent Tenant & Leaseholder Advisor, Mo Ali, on:

☎ **07940 431 503** or

✉ **mo.ali@talktalk.net**

for advice and guidance.



YOUR FUTURE ABERFELDY

Come and talk to us about the regeneration of Aberfeldy

Aberfeldy drop-ins at Your Future Aberfeldy Hub & Poplar Works

Poplar Works
384 Abbott Road
E14 OUX

Mondays 2-4pm

Your Future Aberfeldy Hub
43 Aberfeldy Street
E14 ONU

Thursdays 2-6pm

Find out more at:

www.poplarharca.co.uk/Aberfeldy

Contact: **Julie Browne**

Call: **07956 665103**

Email: julie.browne@poplarharca.co.uk

