

TEVIOT NEWS

POPULAR **HARCA**

Hill
Creating Communities

ISSUE 11: MARCH 2023

WE DID IT!

Local community group Fit and Feisty improve public access to Teviot Centre





A go-getting community group has made access to the Teviot community centre safer and easier for everyone.

Recently formed local group, Fit and Feisty, are behind a new drop kerb, road markings and new parking restrictions, which have improved public access to the Teviot Centre.

The new drop kerb means wheelchair and mobility scooter users and those with pushchairs now have a quicker, safer route. Road markings and new parking

restrictions prioritise the space at the front of the centre for those who need it.

'We only had one drop kerb outside the centre. Those who struggle with mobility had to walk right to the end of the street, and cross over to get in. We wanted to make things easier for them.'



'The changes have a big impact, it's now much safer for everyone coming to the centre.'

Fit and Feisty is for local people aged 50 years plus, and was set up in the pandemic to help reduce isolation, through socialising and getting active.

A Teviot resident of 40 years said about the group: 'The group helps me enjoy life and improve my wellbeing. Our fitness instructor Victor has been an inspiration and gives me a good boost.'

For more information about Fit and Feisty sessions

Visit the Teviot Centre or call TAG:

📍 Teviot Centre, Wyvis Street,
Poplar, E14 6QD

☎ 07789 678415

Your Future Teviot

Since conversations first began about the future of Teviot, you've told us what's important about the future of your community. This includes thousands of pieces of feedback as the Teviot masterplan has developed. Including two community events last Summer at the Teviot Centre and at the Teviot Festival.



5,500

consultation booklets delivered to local homes and businesses



700+

feedback forms received from the local community



275

visitors to our consultation website



2 DAYS

days of public exhibitions at the Teviot Centre and Teviot Festival



1000+

of local doors knocked by the Poplar HARCA team to make sure you are up to date with the Teviot plans.



1

community forum was held, in partnership with the London Borough of Tower Hamlets



We're delighted that **79%** of you either 'strongly support' or 'somewhat support' the Teviot Masterplan*

Thank you to everyone who has participated in the consultation so far. Your feedback on the masterplan has been overwhelming positive.

Special thanks go to the members of the Teviot Resident Steering Group for all their hard work in developing the Teviot Masterplan.

How to get in touch:

 www.teviot.commonplace.is

 020 3900 3676

 teviot@kandaconsulting.co.uk

How you've influenced the masterplan.

What you said...

Concerned by the 25-storey tower by the canal – it's too tall

What we did...

Reduced the 25-storey building to 8-storeys

What you said...

We want less height adjacent to St Michaels Court area in South Teviot

What we did...

Reduced the height and scale of the blocks adjacent to St Michael's Court to 3-storeys

What you said...

We want more height along the A12 to reduce the overall masterplan heights and create more open space

What we did...

Positioned extra height by the A12, reduced some of the building heights, and created a new spacious park in north Teviot

What you said...

We want more family houses

What we did...

Created additional houses adjacent to St Michaels Court and on the existing shop site in north Teviot

What you said...

We want more 2-bedroom houses

What we did...

Changed some of the 3-bedroom houses along Dewberry Street to 2-bedroom houses offering a greater variety of homes for existing residents

What you said...

We want a safer Langdon Park

What we did...

Optimised the amount of ground level activity and windows overlooking the park. Held park consultations with residents and the borough's Parks team to generate landscape ideas. Held Light Follows Behaviour RSG workshop to run through exciting lighting options.

What you said...

We want to ensure podiums are safe, resident controlled and low maintenance

What we did...

Revised the residential podium blocks to create fully enclosed courtyards with dedicated resident entrances. Refined the landscape proposals to optimise quality whilst minimising maintenance.

What you said...

We want the phase 1 buildings to be even more reflective of Teviot's uniqueness

What we did...

Continued to enhance the quality of the phase 1 designs to respond to the rich character of St Michaels Court, Langdon Park School and Radford House whilst shaping bold, modern park side buildings that would be spacious & attractive to live in.



Our Next Steps

We are delighted that over the past six years we have spoken to over 1,000 Teviot residents of all ages, experiences, and backgrounds. We've spoken in sitting rooms, on doorsteps, at school gates, in meetings, at community events, drop-ins, festivals, on WhatsApp and by phone.

It's been a privilege to speak to so many local people about our masterplan and hear their views on the future of our area.

We are currently reviewing the masterplan to update it to meet the Government's latest fire safety design requirements, and aim to submit a formal planning application to the Council this summer.

Please get in touch, using the details below, if you have any questions or queries about this newsletter, our masterplan and what it means for you.

We will let you know when the plans are submitted to the Council and how you can help support Your future Teviot!



Got questions, or need more information?

Stay in the know: ✉ [Poplarharca.co.uk/Teviot](https://www.poplarharca.co.uk/Teviot)

Get involved: Join the Residents' Steering Group (RSG), or come to local meetings

Contact: Fintan on ☎ **07852 998 909** or ☎ **020 7510 0505**
or ✉ fintan.tynan@poplarharca.co.uk

Members of the RSG can contact Independent Resident Advisor, Mike Tyrell, on: ☎ **07958 225 416** or ✉ mike@puttingresidentsfirst.co.uk

Younger residents can contact Aleef Ahmed on ☎ **07538 951 444**

BE IN THE LOOP...

...for the latest Teviot regeneration news, updates and events - join the Teviot regen WhatsApp group.

To join simply text 'join' to **07852 998 909**



For more information email Fintan at:
Fintan.tynan@poplarharca.co.uk

YOUR FUTURE TEVIOT - INVOLVING YOU



Light Follows Behaviour Tour

Back in January, members of the Residents Steering Group took part in a tour of Teviot estate looking at how they could improve the lighting.

Residents were introduced to different types of lighting that could be used in the communal areas throughout the estate.

During the tour, various issues were raised regarding the quality and appropriateness of the existing lighting. Residents suggested that more energy efficient LED lighting should be installed, in order to reduce energy consumption as

well as provide more safety during hours of darkness. They also felt that better placement of lights was necessary to improve visibility for pedestrians.

The Steering Group was then taken to different areas where potential new lighting could be installed, including Courtyard spaces, underpasses, entrance to Teviot, Silver Bridge and Langdon Park.

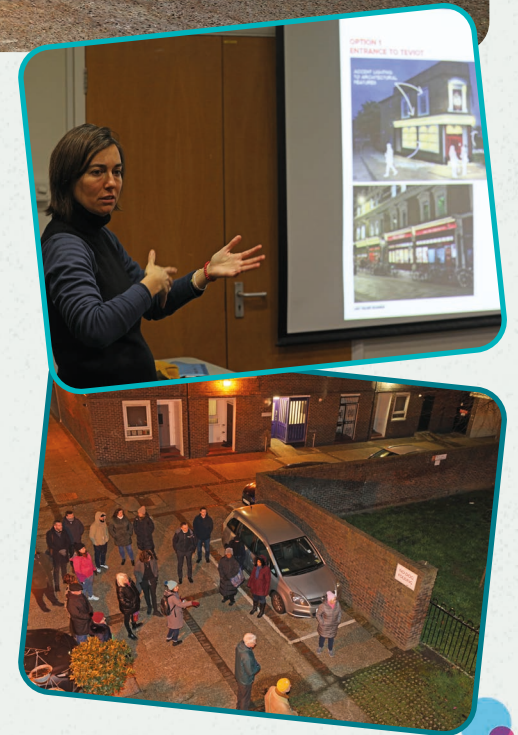
Residents gave feedback on which fittings they would prefer and how much light each area should have. They also looked into how



motion sensor technology could be implemented to limit unnecessary electricity consumption during off-peak times.

After a vote, residents decided on improving the communal underpasses for now and will take part in further workshops to help with the design of the new lighting.

The new lights are intended to create a safer and more pleasant environment for residents. It is hoped that this small step will make a big difference to how people use the estate while we wait for construction work to begin.



Decant Process

Poplar HARCA's housing team require all tenants to register on the housing list, by completing a housing application it will help us assess your housing need.

Some of you will have already received a housing application in the post. Please return this, and the right to return form if you want to return to a new build home on the estate.

Contact one of the decant advisors if you need help completing the forms or have any questions.

Please contact Jasmine on:

☎ **07930 377303**

✉ **jasmine.miah@poplarharca.co.uk**

Or Mujahid on:

☎ **07734 346125**

✉ **Mujahid.Abdul-Majeed@poplarharca.co.uk**

Get in Involved

Accessibility to information is vitally important to us. Should you or someone you know require support, wish to arrange for a call-back from the project team to discuss the scheme, have a question, need translation services, or prefer to receive physical copies of the exhibition information and feedback form sent to you, please don't hesitate to get in touch with us using the details below.

☎ **020 3900 3676** ✉ **teviot@kandaconsulting.co.uk**

For any enquiries about the Residents Steering Group, including if you wish to join, please contact Fintan Tynan, Head of Community Regeneration, Poplar HARCA:

☎ **07852 998909** ✉ **Fintan.Tynan@poplarharca.co.uk**

For independent advice for Poplar HARCA residents on Teviot please contact the Independent Tenants' and Leaseholders' Advisor (ITLA), Mike Tyrrell:

☎ **07958 225416** ✉ **mike@puttingresidentsfirst.co.uk**

THE TEVIOT CENTRE

FOOD CO-OP

Affordable, nutritious and sustainable
FRESH FRUIT AND VEGETABLES

LAUNCHING 15th MARCH!
EVERY TUESDAY

11am - 3pm



From local suppliers!
Open to Everyone!

Teviot Centre
Wyvis Street
E14 6QD



For news and updates on our
community projects, visit
www.licprojects.org
or get in touch via
info@leadersincommunity.org
0207 987 5764



Social Value

The Teviot Community Chest Fund has been created as part of the Teviot Estate Regeneration, funded by Hill Group and Poplar HARCA to support the delivery of community based projects that aim to improve the lives of residents and the local community.

The projects chosen are in line with the priority areas identified throughout the listening campaign and through engagement with the Social Value Resident Steering Group.

Here are some of the projects we are supporting this year:

- ❁ Money Management & Advice Service (at the Teviot Centre)
- ❁ Leaders in Community's Food Co-op (at the Teviot Centre)
- ❁ Community Champions Project
- ❁ Fit & Feisty Fitness Sessions (at the Teviot Centre)
- ❁ Water Sports...coming soon
- ❁ Digital Inclusion with East End Community Foundation
- ❁ Pensioner Support with East End Community Foundation
- ❁ Leaders in Community's Bee Keeping Course (at the Teviot Centre)
- ❁ Bangladeshi Women's Group (at the Teviot Centre)



Pop in for a tea or coffee and a chat. There's lot's going on!

- ❁ Board Games
- ❁ Exercise Classes
- ❁ Bowls/Curling
- ❁ Trips
- ❁ Movie Time
- ❁ Quiz Once A Month
- ❁ Know Your History/Geography
- ❁ Arts & Crafts
- ❁ Bingo
- ❁ And Much More!

📍 **TAG Shop,**
177 Teviot Street,
London, E14 6PY

Thursday: Afternoon Tea
1:00pm–4:00pm

.....

📍 **Teviot Centre,**
Wyvis Street,
London, E14 6QD

Tuesday: Coffee Morning
10:00am–12:00pm

Friday: Exercise followed
by lunch 10:00am–2:00pm

i For more information on any of the projects please contact
✉ kellyplayer@hill.co.uk

TEVIOT CENTRE TIMETABLE

Pop Over and Get Involved, All Welcome!

Please feel free to pop over and meet the team, call or email us for more information on how to get involved and take advantage of the fantastic opportunities on offer at the Teviot Centre.

Useful Numbers

Teviot Centre / Leaders in Community (LiC)

☎ 0207 987 5764

Poplar HARCA Head office / Repairs

☎ 0800 035 1991 / 0207 510 0500

Manorfield Primary School

☎ 0207 987 1623

Poplar HARCA Employment & Training

☎ 0207 510 9770

Teviot Action Group (TAG)

☎ 0207 531 6171

MONDAY

Women's Fitness

10am - 11am, Ages 14+

Community Workshops

12pm-3pm

Guitar Classes

4pm - 6pm, Ages 7-15

Arabic Classes

5pm - 7pm

Youth Zone and Football Coaching

5pm - 8pm

THURSDAY

Teviot Women's Arabic Classes

9am - 12pm

ESOL

9:15am - 3:15pm

Headstart Action / Be.Leaders

11am-4pm, Ages 16-19

Food Growing / Companions

Times may vary, call to enquire

✉ Teviot Community Centre,
Wyvis St, E14 6QD

TUESDAY

Teviot Bangladeshi Women's Group

9am - 12pm

Fit & Feisty: Over 50s Social Hub

10am - 12pm

Food Coop Affordable Fruit & Veg

3pm - 5pm, Ages 6-11

Unity Homework Club

3pm - 5pm, Ages 6-11

Youth Leadership and Employment

5pm - 7pm, Ages 16-19

Kenshukai Karate

6pm - 7pm, Age 5+, 07789961674

FRIDAY

Therapy sessions

9am - 12pm

Fit & Feisty: Over 50s Social Hub

10am - 11:30am

Be.Inspired Women's Leadership

11:30am - 3:30pm

Arabic Classes

5pm - 7pm

Taekwondo

7pm - 8:30pm, 07960160165

☎ 0207 987 5764

WEDNESDAY

Parents Forum

9am - 11am

Community Workshops

11:30pm-2pm

Unity After School Club

3pm - 5pm

Arabic Classes

5pm - 7pm,

Be.Green Eco-Leadership Course

5pm - 7pm

SATURDAY

Private Hire – Call to enquire

SUNDAY

I am C Ministry

9:30am - 1:15pm, Private Church Service

Ideas Academy Tuition Classes

1:30pm - 4:30pm, 02072052811

Private Hire

5pm-11pm, Call to enquire

✉ info@leadersincommunity.org

SPOTLIGHT WHAT'S ON: SPRING TERM

9 JAN 2023 - 23 MARCH 2023

MONDAY

Chill out & Games

Bow Community Hub |
3:30-8pm | 11-19 |
Get Supported

Fit Club

Spotlight | 4-5pm | 11-19 |
Get Active

Beats Lyrics

Spotlight | 5-6.30pm |
11-19 | Get Creative

Eat Club

Spotlight | 5-7pm | 14-19 |
Get Supported

Chill out & Games

St Pauls Way | 5-8pm |
11-19 | Get Supported

Hip Hop Dance Advanced

Spotlight | 6-8pm | Closed
Session | Get Creative

DJ Clash

Spotlight | 6.30-8pm |
11-19 | Get Creative

TUESDAY

Chill out Games

Eastside | 3.30-8pm |
11-19 | Get Supported

Studio Time

Eastside | 3.30-8pm |
11-19 | Get Creative

Creative Collective

Spotlight | 4-6pm | 11-19 |
Get Creative

Young Health Champions

Spotlight | 4-6pm | 14-19 |
Get Inspired

Health Spot

Spotlight | 4-8pm | 11-19 |
Get Supported

Foreword Noize

Eastside | 4.30-6.30pm |
15-19 | Get Creative

Mixed Boxing

Spotlight | 4.30-6pm |
11-19 | Get Active

Blink Dance

Spotlight | 5-6.30pm |
11-25 SEND | Get Creative

Careers Clinic

Eastside | 5-6.30pm |
14-19 | Get Inspired

Advanced Boxing

Spotlight | 6-7.45pm | 16+ |
Get Active

WEDNESDAY

Chill out Games

Linc | 3.30-6:30pm | 11-19 |
Get Supported

Girls Club

St Paul's Way | 3.30-5.30pm
| 11-19 | Get Inspired

Chill Out Games

St Paul's Way | 3.30-6.30pm
| 11-19 | Get Supported

Youth Theatre

Spotlight | 4:30 -6:30pm |
11-25 | Get Creative

Mixed Boxing

Spotlight | 4:30-6pm |
11-19 | Get Active

Football

Linc | 4.30-6pm | 11-19 |
Get Active

Snap Dat!

Spotlight | 4-6pm | 11-19 |
Get Creative

Advanced Boxing

Spotlight | 6-7.45pm | 16+ |
Get Active

Spotlight Sounds

Spotlight | 6-8pm | 16+ |
Get Creative

THURSDAY

Creative Collective

Spotlight | 4-6pm | 11-19 |
Get Creative

Chill out Games

Eastside | 4-7pm | 11-19 |
Get Supported

Studio Time

Eastside | 4-7pm | 1-19 |
Get Creative

Health Spot (Eastside)

Eastside | 4-7pm | 11-19 |
Get Supported

Our Time Forum

Spotlight | 4:30-6:30 |
11-25 SEND | Get Inspired

Mixed Boxing

Spotlight | 4.30-6pm |
11-19 | Get Active

Contemporary Fusion Dance

Spotlight | 5-6.30pm |
11-19 | Get Creative

Girls Club

Eastside | 5-6pm |
11-19 | Get Supported

Football

St Pauls Way | 5-7pm |
11-19 | Get Active

Podcast Stars X Blue Print

Spotlight | 5-7pm |
11-19 | Get Creative

Studio Time

Spotlight | 5-8pm | 11-19 |
Get Creative

Advanced Boxing

Eastside | 6-7:45pm | 16+ |
Get Active

FRIDAY

Careers Clinic

St Pauls Way | 3:30-6:30pm
| 11-19 | Get Supported

Chill Out Games

St Paul's Way | 3.30-6.30pm
| 11-19 | Get Supported

Football

Spotlight | 4-5.30pm |
11-19 | Get Active

Chill out Games

Eastside | 4-7pm | 11-19 |
Get Supported

Studio Time

Eastside | 4-7pm | 11-19 |
Get Creative

Hip Hop Dance Entry Level

Spotlight | 4.30-5.30PM |
11-19 | Get Creative

Grim Expose

Spotlight | 5-8PM | 11-19 |
Get Creative

You Cant Handle The Booth

Spotlight | 5-8pm | 11-19 |
Get Creative

Chill out Games

Linc | 5-8pm | 11-19 |
Get Supported

Fit Club Invite Only

Spotlight | 5.30-6.30pm |
11-19 | Get Active

Hip Hop Dance Advanced

Spotlight | 6-8pm | 11-19 |
Get Creative

Dinner Time

Linc | 6.30-7.30pm | 11-19 |
Get Supported

SATURDAY

Street Art Saturday Club

Richmix | 11-1pm |
11-19 | Get Creative



Great Opportunity

Are you, or someone you know, interested in running a vibrant community café?

The Teviot Centre is looking for an exciting person, (or organisation) to operate a café from its premises.

No rent will be charged for the first 3 months, and you'll be given plenty of support to help get the café up and running.

Find out more

If you would like to find out more, please email or call:

✉ info@leadersincommunity.org

☎ Leaders in Community on 02079878796

Poplar Works Birthday

Poplar Works celebrated its 3rd birthday this month. Over 60 people attended daytime activities including workshops, open studio tours and pop-up shops, while 40 people attended an evening celebration. There was a good mix of local residents, people interested in fashion, fashion businesses and community stakeholders.

Poplar Works has done really well over its first 3 years. Currently:

- ❖ 95% of the workspaces are occupied, half of which are by businesses from the local area
- ❖ 556 participants have taken part in community programmes
- ❖ Through the Making for Change programme, 37 people have completed a Level 1 qualification in Fashion and Textiles Production, and 18 of these have completed Level 2. At least 2 people from each secure employment in the Making for Change production unit on site.



Find out more

Keep an eye out for more events and community programming in the coming:

➤ www.poplarworks.co.uk



R-Urban Update

2022 was a brilliant year for R-Urban, running new programmes and activities including our weekly repairs cafe, companions food growing and the compost club.

We're taking a short break but will be back soon with a new programme of events and workshops which build on last year's success, watch this space!

If you want to get in touch about any workshops, ideas or join our mailing list please email -

✉ andy@publicworksgroup.net



Donate your pre-loved items

Do you have furniture, clothes, shoes or homeware that you no longer need? Are they in a condition where they can be reused?

Rather than throwing them out, donate them to More Life Home.

More Life Home offers a free furniture collection and recycling service in Tower Hamlets. They can even come to your home to collect bulky items.

Just scan the QR code, complete a short donation form and they will be in touch to arrange a collection.

Or for smaller items, you can drop them off at their shop at 41 Aberfeldy Street.

Items donated get redistributed to communities in need of low cost or free furniture. By saving furniture from landfill they help communities make their house a home.

📍 www.morelifehome.co.uk

📷 @morelifehome

☎ 0203 488 5454



Donate
Scan here



Save money, Stay warm

If you're a Poplar HARCA resident and worried about the cost of keeping your home warm, we're here to help.

Contact us if...



You're having money trouble and are worried about paying rent.



You are looking for work or training opportunities.



The safety and wellbeing of you or someone you know is at risk.



Something in your home needs to be repaired.

The sooner you get in touch, the sooner we can help you.

 **0800 035 1991**

Connect with our Cost of Living Switchboard

Our Cost of Living Switchboard hosts a range of handy tips to guide you through the coming months. Whether you're looking for advice on how to keep your home safe and warm, or where to find help and support, our Switchboard will point you in the right direction.

Scan the QR code to connect or visit poplarharca.co.uk and search 'cost of living'.

SCAN HERE



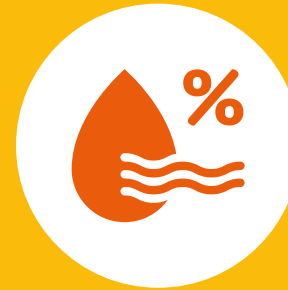
Mould and condensation

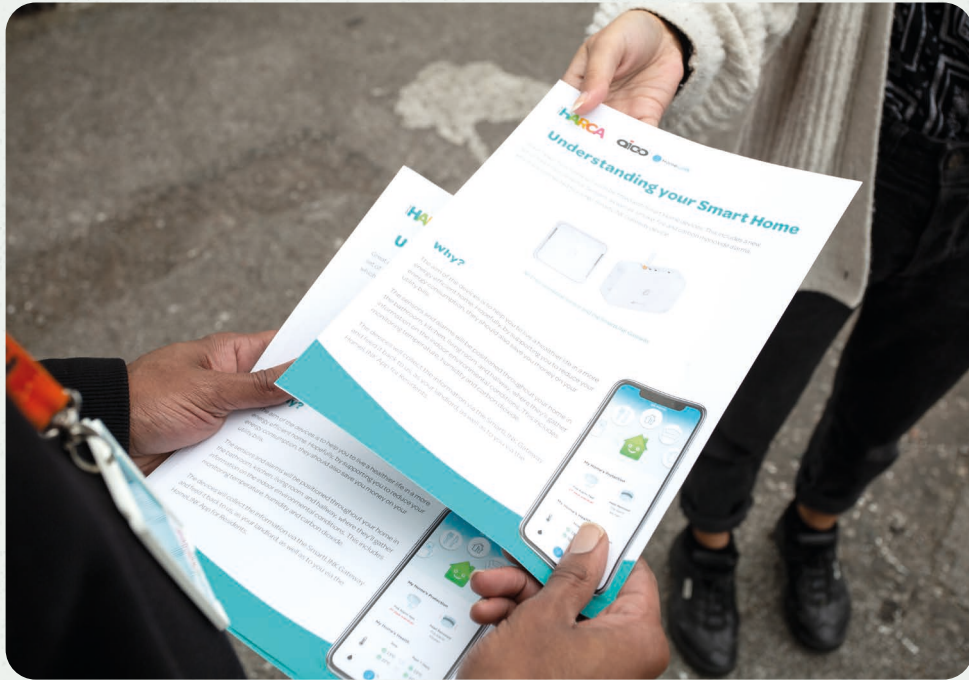
Keep an eye out for condensation even as we head in to the warmer months. Remember a build-up of condensation can cause mould.

For practical tips on how you can prevent mould and condensation, visit poplarharca.co.uk and search 'safe and warm'.



If there's mould in your home, please report it on your resident portal, MyHARCA, poplarharca.myharca.co.uk, or email reportmould@poplarharca.co.uk.





Creating Smart Homes

Poplar HARCA is working with technology company Aico to offer to fit free smart home devices in your homes.

These small appliances can help you live a healthier life in a more energy

efficient home, and may gradually help save money on bills.

Interested? You can find more about smart homes online. Email us to find out how to get a device fitted in your home.



www.poplarharca.co.uk/your-home/creating-smart-homes/

iot@poplarharca.co.uk



OUR TEVIOT Festival

MUSIC & PERFORMANCES • FAMILY FUN • FOOD & DRINK



DROP IN TO THE TEVIOT CONTAINER

YOUR FUTURE TEVIOT

**Teviot Consultation
Container. Pop in to
get regeneration and
decant updates.**

The kettle's on:
**Every Monday
5.00pm-7.00pm
& Wednesday
2pm-4pm**

**Teviot Container,
St Leonard's Road,
by Ullin Street, E14 6PN**

Find out more at:
www.poplarharca.co.uk/Teviot

Contact Fintan Tynan:
**Call: 07852 998909
Email: fintan.tynan@poplarharca.co.uk**

